

**FREE**  
**ONLINE WELLNESS**  
**EDUCATION CLASSES**  
**FROM OPEN PATH**

**AN INITIATIVE OF**

**THE JAJ FOUNDATION**



**TOGETHER WE CAN STOP DOMESTIC VIOLENCE**

## ABOUT ONLINE WELLNESS COURSES FROM OPENPATH

We have subscribed to 'Open Path Wellness Solutions to give everyone **FREE** access to 'Online Wellness Education' courses, with completion certificates. Courses include Anger Management, Parenting 101, Domestic Violence, and more. These courses are available 24/7 and are self-paced.

# Course List

Anger Management	Alcohol and Other Drugs
Mindful Internet and Other Social Media Use	Burnout Prevention
Study Skills	Self Esteem 101
Mindfulness Meditation	Financial Wellness
Relationship Violence	Communication Skills
Relationships 101	Stress Reduction
Healthy Sleep	Nutrition and Exercise
Parenting 101	Co-Parenting and Divorce Education
Sexual Harassment	Grief and Loss

## Here's how to join:

Go to the Registration URL below and fill out the registration form with the subscription key indicated.

**That's it!**

Once you're registered, you'll have 24/7 online access to course materials. After you finish a course, you'll get a certificate.

**Registration URL:** <https://nonprofits.openpathcollective.org/>  
**Subscription Key:** 8v4PnuOOEC

P.S. We'd love to hear what you think about the courses. Your feedback helps us to add helpful resources. Send your email to [contact@thejusticeforjennyfoundation.org](mailto:contact@thejusticeforjennyfoundation.org) with **Open Path Class Feedback** in the subject heading. We look forward to hearing from you.